

Covid-19 Guidance

In adherence to government guidelines we are required to ask you to do the following:

- Between the hours of 8.30am -5.30pm sign in at 13 Orchard Street reception for Track and Trace
- Follow Orchard Street COVID-19 safety procedures
- Sanitise hands upon arrival as directed
- Use bathroom as directed
- Follow one-way procedure
- Have temperature checked by therapist before session who will also check their own temperature
- Cancellation fees will be waived if you are experiencing any symptoms. Online appointments will be offered
- To contact us if you have been notified of being at risk by Track and Trace system
- If therapist is informed to isolate or experiences any COVID-19 symptoms they will either reschedule the appointment or offer an online alternative
- Therapist will ensure the room is sanitised between each appointment
- Masks and gloves will be used when appropriate
- Chairs will be positioned 2 meters apart
- Procedures for EMDR will follow regulations and be discussed on an individual basis

The above is subject to change in accordance with government guidelines